HUNGARIAN CABBAGE ROLLS (TOLTOTT KAPOSZTA)

TOM BILCZE

Although not my family's recipe, this is by far the best recipe for cabbage rolls that I have found. It closely resembles the Bilcze family recipe. I found this on a Hungarian recipe forum. It is reported to be from Tony Packo's Café in Toledo, Ohio. I made some minor changes.

Ingredients:

1	large	head	of	green	cabbage
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2 lb smoked sausage

1/2 lb bacon, fried crisp, crumbled

Filling:		Stewing Sauce		
1	cup long grain rice, scalded	1	quart sauerkraut	
1	lb lean ground beef	28	oz canned tomatoes (1 can)	
1	lb fresh lean pork sausage	2	cups tomato juice	
1	onion, minced	1/2	onion, diced	
2	eggs, beaten	4	Tbsp sugar	
1/2	cup water	1	tsp salt	
2	tsp salt	1/2	tsp black pepper	
1	tsp ground black pepper	1	tsp Hungarian paprika	
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1	clove garlic, minced			

Prepare Stewing Sauce:

Mix all stewing sauce ingredients in a large saucepan. Bring to a boil. Reduce heat and simmer for 10 minutes.

Prepare Filling:

Cover rice with 1 cup water in a small saucepan and bring to boil. Reduce heat and cover. Simmer for 10 minutes. Rinse with cold water in a strainer or colander. Set aside while preparing filling.

While rice is scalding, mix all filling ingredients in a large bowl. Add rinsed, scalded rice until well mixed.

Prepare Cabbage Leaves:

Bring a large deep pot of water to boil. Core cabbage and place in pot. Allow leaves to soften for 1-2 minutes and peel them away individually. Remove leaves and drain in colander.

Assemble Cabbage Rolls:

Place filling on a cabbage leaf. Roll leaf around filling. Tuck in ends with your finger. Layer cabbage rolls with smoked sausage in roaster. Sprinkle with bacon crumbles. Cover with stewing sauce. Repeat layers.

Bake Cabbage Rolls:

Set oven to 350°. Place covered roaster in oven. Bake for 30 minutes. Reduce temperature to 300°. Bake for an additional 1 1/2 hours.